

Canyon Spirit Packing List

American Southwest · Spring Travel (April – May)

Spring is a lovely time to ride the Canyon Spirit through Colorado's high country and Utah's red rock country: mild, sunny afternoons, cold mornings, and comfortable temperatures for exploring Moab before summer heat sets in. You overnight in real hotels in Glenwood Springs and Moab, with time to wander each town and get close to Arches and Canyonlands.

LAYERS & CLOTHING

- ☐ Short and long-sleeve shirts for changeable days
- ☐ A fleece or sweater and a light insulated jacket for cold mornings
- ☐ A windbreaker (spring desert wind can pick up)
- ☐ Comfortable pants, jeans, and a pair of shorts
- ☐ Smart-casual outfit for dinners (relaxed, no formalwear)
- ☐ Swimsuit for the Glenwood Hot Springs
- ☐ Merino socks, sleepwear, and enough underwear

FOOTWEAR

- ☐ Broken-in walking or hiking shoes for Moab
- ☐ A comfortable everyday pair
- ☐ Socks that handle a full day on your feet

SUN & DESERT

- ☐ Wide-brim sun hat and sunglasses
- ☐ High-SPF sunscreen, reapplied often
- ☐ Lip balm and hand lotion (the air is dry)
- ☐ Refillable water bottle; hydration matters here

DAY BAG & ESSENTIALS

- ☐ Daypack for excursions and red rock walks
- ☐ Camera or phone with storage, plus charger
- ☐ Binoculars for canyon overlooks
- ☐ Photo ID (domestic US trip, no passport needed)
- ☐ Medications in your carry-on, original bottles
- ☐ A credit card and a little cash
- ☐ Altitude remedy if you are sensitive; Denver is a mile high

WEATHER AT A GLANCE

Spring afternoons in Moab are often pleasant in the 60s and 70s, while mornings in the Colorado high country can start near freezing. Wind and dry air are the season's quirks, so bring a windbreaker and drink more water than you think.

Planning a spring Southwest trip? Let's find your dates.

byrdadventures.com/consultation · travel@byrdadventures.com

Start Planning