

Rocky Mountaineer Packing List

Canadian Rockies · Summer Travel (July – August)

Summer is the warmest, greenest stretch in the Canadian Rockies, with long daylight and the fullest lakes and waterfalls. Days are pleasant and evenings still cool off, and a passing mountain shower is always possible. Rocky Mountaineer is daytime train travel with a hotel every night, so you are dressing for warm afternoons in the glass dome and comfortable exploring in Vancouver, Banff, Lake Louise, and Jasper.

LAYERS & CLOTHING

- ☐ Short-sleeve shirts for warm afternoons
- ☐ A light long-sleeve layer and a fleece for cool evenings
- ☐ Packable light rain jacket
- ☐ Comfortable pants, a pair of shorts, and one pair of jeans
- ☐ Smart-casual outfit for GoldLeaf dining (no formalwear needed)
- ☐ Merino socks, sleepwear, and enough underwear

FOOTWEAR

- ☐ Broken-in walking shoes
- ☐ A second comfortable pair
- ☐ Light hikers if you plan to walk trails

SUN & BUGS

- ☐ Sun hat and sunglasses (dome glare is real)
- ☐ High-SPF sunscreen and lip balm
- ☐ Insect repellent for evenings and trails
- ☐ Refillable water bottle

DAY BAG & ESSENTIALS

- ☐ Small daypack for excursions
- ☐ Camera or phone with storage, plus charger
- ☐ Binoculars for wildlife
- ☐ Passport, valid well past your travel dates (this is Canada)
- ☐ Medications in your carry-on, original bottles
- ☐ No-foreign-fee credit card and a little Canadian cash
- ☐ Your bound itinerary (I hand you one); outlets match the US

WEATHER AT A GLANCE

Summer days often run in the 60s to mid-70s with cooler mornings and evenings, so a light layer still earns its place. Afternoon showers pass through, mosquitoes appear near dusk, and in some years wildfire smoke can affect visibility. Pack light layers, sun protection, and a rain shell.

Planning a summer Rockies trip? Let's find your dates.

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Start Planning